



Level Up:

***Performance and
Productivity
improvement***

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Why???

◆ Personal Why?

◆ Business Why?

Goals

- ◊ Which Goal group are you? More importantly, why does it matter?
 - ◊ Not having any goals – 84%
 - ◊ Thinking about them – 13%
 - ◊ Earned twice as much
 - ◊ Writing them down – 3%
 - ◊ Earned ten times more
- ◊ Write them down
 - ◊ Personal
 - ◊ Business
- ◊ Be specific

Performance Improvement

- ◆ What is stopping you from achieving your goals?
 - ◆ Peggy Story
- ◆ Focus on what matters
 - ◆ Eg. Income producing activities vs social media
- ◆ Finish your day by preparing for the next one

Performance Improvement

- ◆ Stop Doing

 - ◆ Distractions

- ◆ Start Doing

 - ◆ Small decisions

- ◆ Habits

Productivity Improvement

- ◆ Time Management

 - ◆ Think efficiency

- ◆ Best Yes

 - ◆ Every “yes” is also an automatic “no”

- ◆ Calendar

Productivity Improvement

- ◆ Systems

 - ◆ Eg. spreadsheets

- ◆ Strengths - Maximize

- ◆ Weaknesses - Cover

- ◆ What works for you?

 - ◆ Try more than once

Balance in Life

- ◆ We often live in extremes
- ◆ Fail Forward
 - ◆ Avoid blame and excuses
 - ◆ Own it, apologize, and make it right
 - ◆ Learn from it
- ◆ Overwhelmed
 - ◆ Ask for help
 - ◆ Eat your elephant one bite at a time

Keep Learning

- ◆ Life training
- ◆ Specialized training
- ◆ Mentoring
- ◆ Podcasts
- ◆ Books (audio too)

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Q & A

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Thanks for listening. Go take action and...
Level Up!